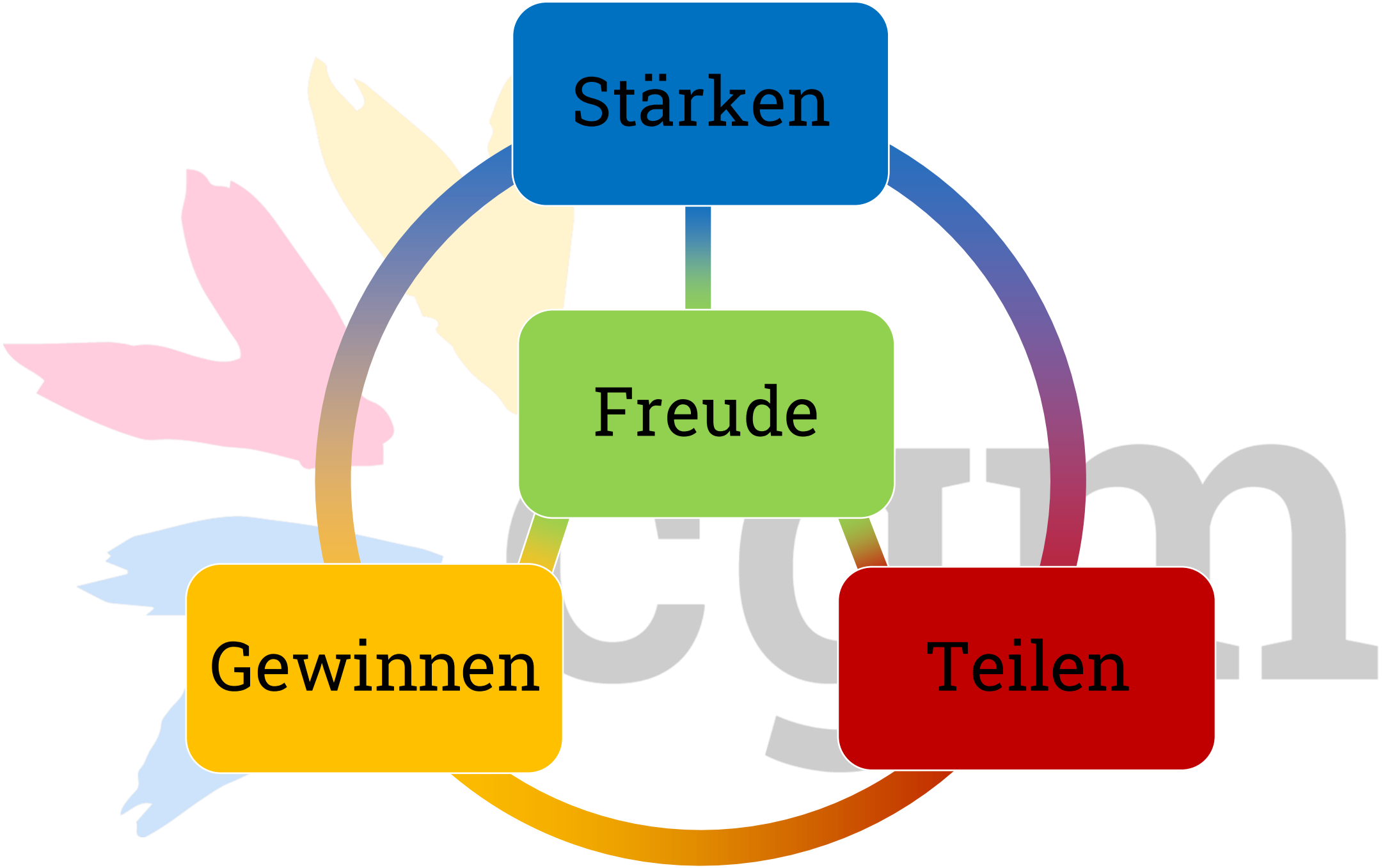
Stärken
Freude
Gewinnen
Teilen